



SRI GAYATHRI TOURS & TRAVELS

A Leading Kailash Tour Operator

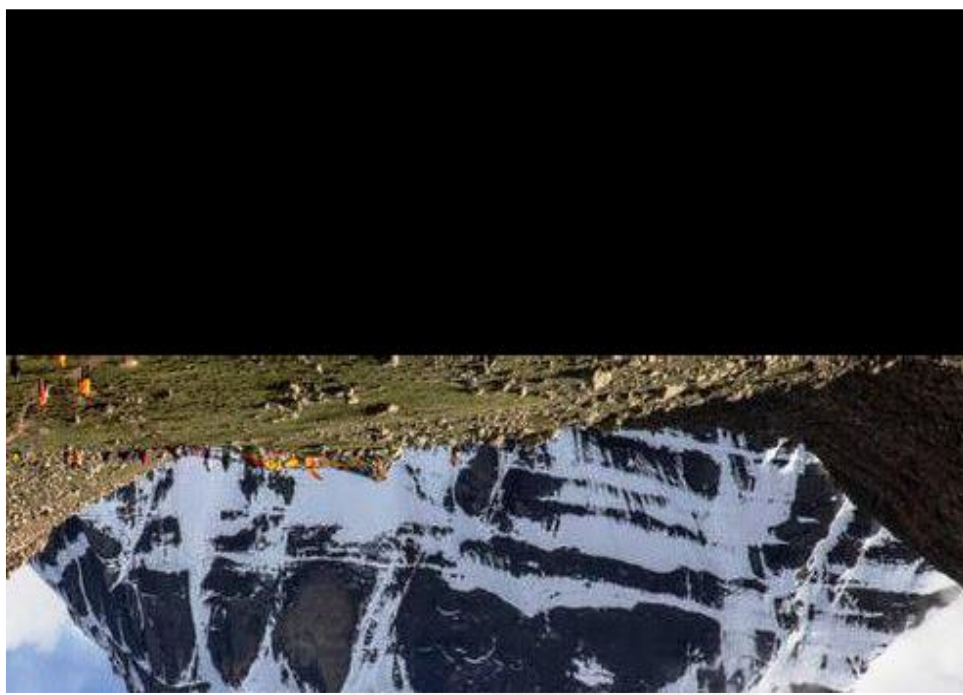
(Regd)

Registered Office: H. No2-19-78/133, Plot No: 133, Street No: 12,
High Court Colony, Kalyanapuri, Uppal, Hyderabad-500039



KAILASH & MANASAROVAR TOUR (14 DAYS)

Overland Tour Via Kyerong
Kathmandu IN / Kathmandu OUT



Trip Overview

Mount Kailash, nestled in Western Tibet, has been a spiritual beacon for thousands of years, revered by Hindus, Buddhists, Jains, and Bonpos alike. For Hindus, it's the sacred abode of Lord Shiva, while for Buddhists, Jains and Bonpos it symbolizes the center of the universe. Your journey begins in Kathmandu, where you'll immerse yourself in the timeless heritage. You'll also visit iconic temples like Pashupatinath, a significant Hindu site, and Budhanilkantha, home to a rare reclining statue of Lord Vishnu.

The highlight waits with the sacred Parikrama of Mount Kailash and the tranquil shores of Lake Mansarovar, both profoundly revered by pilgrims. This tour is a perfect blend of spirituality and adventure, as you traverse.

The breathtaking Tibetan plateau on a rigorous overland journey—an unforgettable pilgrimage to Mount Kailash and the Holy Lake Mansarovar.

Contact: 9121010476 / 9121010486

Email : srigayathritours007@gmail.com

Website : www.srigayathritours.in



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Trip Fact

Trip Code: EKT/KM/2

Duration: 14 Days

Trip starts from: Kathmandu

Trip ends at: Kathmandu

Mode of Trip in Nepal: By Coach

Mode of Trip in Tibet: By Coach

Best time of travelling: May, June, July, Aug & September

Maximum altitude: 1350m to 5850m

ITENERARY

| Day | Details | Altitude/ Distance | Meal | Over Night |
|--------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|-------|------------|
| Day 01 | Arrive Kathmandu Upon arrival in Kathmandu Airport meet our office representative. He will assist to transfer the hotel. Rest at the Hotel. Lunch at Hotel Free Evening Dinner & Overnight at Hotel | Alt: 1350m | L/ D | Hotel |
| Day 02 | At Kathmandu Breakfast at hotel. Sightseeing Tour to Pashupatinath & Budhanilkantha. Lunch at Hotel Kailash Briefing Dinner & Overnight at Hotel | Alt: 1350m | B,L,D | Hotel |
| Day 03 | Kathmandu – Syaprubeshi by drive After Breakfast continue the trip to Syaprubeshi, a small town near Rashuwa Gadhi, the Border of Nepal and China. Lunch on the way Dinner & Over night @ Hotel | Alt: 1450m Dist: 150 km Driving hr: 06-07 Hrs | B,L,D | Hotel |

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|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-------|-------|
| Day 04 | Drive Syaprubeshi – Kyerong After breakfast we drive to China border (Friendship bridge). After completion of custom formalities drive to Kyerong Lunch at Hotel Dinner & Overnight at Hotel | Alt: 4130m Dist: 45 km Driving hr: 1hr 30 min. | B,L,D | Hotel |
| Day 05 | Drive Keyrong – Saga After breakfast Drive to Saga Lunch on the way Dinner & Overnight at Hotel | Alt: 4130m | B,L,D | Hotel |
| Day 06 | Saga Rest Day at Saga for acclimatization Dinner & Overnight at Hotel | Alt: 4500 m Dist: 375 km Driving hr: 7 hrs | B,L,D | Hotel |
| Day 07 | Drive Saga – Mansarovar Today you travel to Mansarovar via Prayang and Mayum La Pass (5200 m) and arrive at Hor Quo (4560 m). Lunch on the way. From Hor Quo you go for parikarma of Mansarovar Lake by drive and arrive at Chu Gompa for night halt. Today is the day of lifetime as you will have the first sight of Holy Mt. Kailash and Holy Lake Mansarovar. Dinner & Overnight at Parmarth Guest House | Alt: 4540 m Dist: 350 km Driving hr: 7 hrs | B,L,D | Hotel |
| Day 08 | Drive Lake Mansarovar to Darchen, Base Camp of Kailash In the morning do Pooja and take holy bath at Mansarovar. After Lunch, drive to Darchen, the base camp of Mt. Kailash. The drive takes about 1 & half hours. At Darchen yatis who wants Mt. Kailash Parikarma with horses and porters will have to confirm our guide so that he can arrange all before starting the parikarma. Dinner & Overnight at Hotel | Alt: 4620 m Dist: 35 km Driving hr: 1hr | B,L,D | Hotel |

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|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----------------------|
| Day 09 | <p><u>1st Day of Parikrama to Diraphuk.</u></p> <p>Morning drive near to Yama Dwar. Here you will meet our yaks and yak men. We will load all logistics on yaks and start Parikrama. Visit Yama Dwar on the way. The First day of Kora is a gradual walking of 5 hours. From the way you have Darshan of West face of Kailash. Today your night halt at Dirapuk. From Dirapuk view of North face of Kailash in a distance. Yatris who are not going Mt Kailash Parikarma will stay at Darchen till those people going Parikarma return back.</p> <p>Dinner & Overnight at Parmarth Guest House</p> | <p>Alt: 4860 m</p> <p>Dist: 4 km (Drive)</p> <p>Dist: 16 km (Walking)</p> <p>Driving hr: 30 min</p> <p>Walking hr: 5hr</p> | B,L,D | New Guest House |
| Day 10 | <p><u>2nd Day of Parikrama to Zuthulphuk</u></p> <p>Early morning trek uphill Dolmala Pass. It takes about 4 to 5 hours. After reaching top of the pass 5850 m then trek down to the valley floor. It takes another 4 to 5 hours. After cross Dolmala when you move down you see Gauri Kunda. This day is longest and toughest day of Parikarma. So be prepared in mind accordingly. Like yesterday today also your overnight will be in tented camp at Zuthulphuk.</p> <p>Dinner & Overnight at Parmarth Guest House.</p> | <p>Alt: 5850 m</p> <p>Dist: 22 km</p> <p>Walking hr: 10 hr</p> | B,L,D | New Guest House |
| Day 11 | <p><u>3rd Day of Parikrama. Drive to Saga</u></p> <p>Today is last of Parikarma. After breakfast you trek down of 10 km with the winding gradual track. Once you reach the place called Chongdo, our transport will pick up you and drive back to Saga. Today you night halt will be at Saga.</p> <p>Dinner & Overnight at Hotel</p> | <p>Alt: 4500 m</p> <p>Dist: 10 km (Walking)</p> <p>Dist: 280 km (Driving)</p> <p>Walking hr: 3 hr</p> <p>Driving: 6hr</p> | B,L,D | Hotel |
| Day 12 | <p><u>Drive Saga to Keroung</u></p> <p>Morning after breakfast you set off your journey back to Keroung with sweet memory of Mt Kailash and Mansarovar Lake. If time permit you can cross the border and Stay at Syabrubesi Guest House.</p> <p>Dinner & Overnight at Hotel</p> | <p>Alt: 4500 m</p> <p>Dist: 10 km (Walking)</p> <p>Dist: 280 km (Driving)</p> <p>Walking hr: 3hr</p> <p>Driving: 6hr</p> | B,L,D | Hotel |

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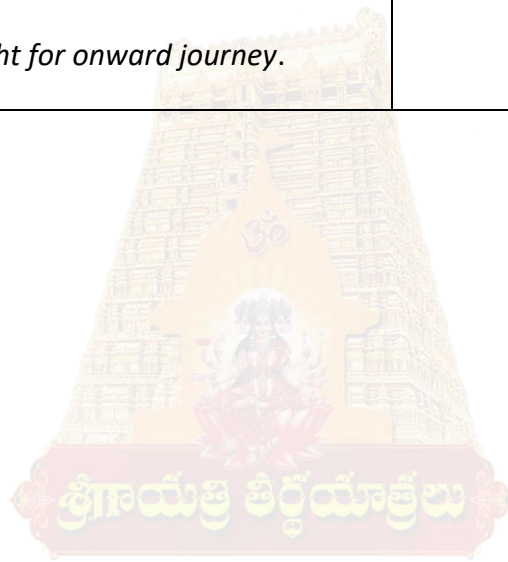
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|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|--------------|--------------|
| Day 13 | <u>Drive to Syabrubesi , Then Syaprubeshi to Kathmandu</u> <i>From Kerung you drive back to the friendship bridge at Rasuwa Gadhi, the Border of Nepal and China. After completing custom formalities you drive to Kathmandu.</i> <i>Lunch at Syaprubeshi Hotel</i> <i>Dinner & Overnight at Hotel</i> | Alt: 1350m Dist: 160km. Driving hr: 6hrs | B,L,D | Hotel |
| Day 14 | <u>Depart Kathmandu</u> <i>After breakfast check out the hotel and transfer to Kathmandu Airport to connect flight for onward journey.</i> | | B | |



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PRICE INCLUDES:

Accommodation:

- 03 Nights accommodation in Kathmandu at 04 Star Category with breakfast, lunch & dinner [Pure veg meals] in sharing basis.
- 01 Night accommodation in Syaprubeshi at guest house with breakfast, lunch & dinner [Pure veg. Meals] in sharing basis.
- Accommodation in Tibet with breakfast lunch & dinner [Pure veg. Meals] using Guest Houses in sharing basis.

Mineral water throughout Kailash Yatra.

Transportation:

- Kathmandu arrival and departure transfers by private A/C coach.
- One half-day Kathmandu sightseeing tour covering Pashupatinath & Budanilkantha by private A/C coach.
- Kathmandu-Syaprubeshi- Rasuwa Gadhi- Kathmandu transfer by private coach.
- In Tibet, land transfer by luxury bus.
- Supporting truck to carry luggage, food, equipment etc.
- Yak & Yak men for trekking equipment and food during Kailash Parikarma.

Staff:

- Highly qualified and experienced Sherpa staff throughout the trip.
- Tibetan Guide.

Rescue Equipments:

- First Aid Kit
- Oxygen Cylinder

Permit / Fees:

- Tibet Permit fee.
- Normal Chinese Visa fee.

Communication Facilities:

- Local Mobile [Chinese, will be charged as per the use].
- Walky talky

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Complimentary:

- Windcheater Jacket.
- Duffle bag
- Day Bag
- Cap

PRICE EXCLUDES

- Tickets to Kathmandu and return.
- Nepal visa for NRIs / foreigners.
- All personal expenses like telephone calls, tips, shopping, laundry, cold/hard drinks etc.
- Personal call from mobile phones, there will be charge as per the use.
- Personal use of pony/porter during Parikarma [Kora]. Must take for all 3 or 4 days of the parikrama and pay upfront to the pony and porter association. This amount cannot be refunded.
- Single room supplement in Kathmandu.
- Any extra services such as extra vehicle / hotel nights / sightseeing tours than mentioned in the itinerary.
- Evacuation cost
- Travel Insurance.
- Extra cost such as extra night stay than mentioned in the itinerary, ill health, cancellation, changes in itinerary that are incurred due to unforeseen reasons such as road blockage due to landslide, heavy snowfall, strikes, flight cancellation etc.
- Visa splitting charge and extra transportation cost, if returning early from Tibet.
- Service which are not mentioned above in inclusion part.

Payment Terms & Conditions:

1. Initial booking amount of **INR 15,000.00 PER PERSON** [non refundable] to be deposited at the time of booking.
2. 50% of payment should be made **45 Days** prior to the departure of trip to Tibet.
3. All payment should be cleared before **15 Days** of commencement of Trip.

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4. If you deposit in India Bank account, India Government rules 05 % GST Tax and 05 % TCS Tax whoever is going out of India will be added in Package rate. 05 % TCS Tax can claim after returning home when you fill for Income Tax.

5. If FEC Change any Rules and Regulation, the same will be applied with information.

Note:

If there are any changes from TIBET AUTHORITY (Tibet Part) in rates for 2025, cost will be revised accordingly, additional cost will need to pay by clients.

For Foreign & NRI Passport Holders Tibet Visa will be from Kathmandu Chinese Embassy. We need 02 Full working days for Visa Process as such Clients should arrive Kathmandu one Day or Two Day prior to the given dates by 10:00 AM so, that we can process visa on same day. Saturday / Sunday Embassy will be closed.

Policy Of Cancellation Of Trip:

1. If any Pilgrim Leaves the group for Non Disease reasons, client must pay 100.00 USD Per Pilgrim / Per Day

2. Once the Permit is applied if there is any cancelation FEC will charge USD 300.00 Per Person as per the Permit Cancellation Fees.

3. Once the group Permit is applied for minimum 21 Pax there will be no any additional application accepted.

4. Pilgrims over **70 yrs old** subject to the age on passport. Pilgrims aged 70 or above in the year of Pilgrimage are subject to this regulations. The following documents should be submitted for these pilgrims,

a) Health examination report within 06 months by Indian Public hospital above the country level. Content of the report should include doctors judgment and suggestion whether the pilgrims physical condition is suitable for the plateau areas (4000 meters or 13000 feet above sea level)

b) Application by the pilgrim to express the intention for pilgrimage in T.A.R the application should be signed and fingerprinted by the pilgrim and two direct relatives. Tibet Authority will judge whether to allow the pilgrim entry T.A.R according to these documents. Pilgrims suffering from high blood pressure, heart disease, asthma and other diseases which are not suitable for entering Plateau areas cannot apply the permit

c) Accompany requirement at least two direct relatives required.

d) The Pilgrim of over **70 yrs should deposit USD 1000.00** as per guarantee to pilgrim. If the pilgrim died the cost USD 1000.00 is charge as per liquidated damage by Tibet.

e) Health examination before Parikrama: Local medical center of Tibet Authority will make health examination on pilgrims over 70 years old and give a proposal whether they are suitable for Parikrama. If Doctor's proposal is not suitable for Parikrama this pilgrim need to stop the trip.

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5. A charge of 10% will be applied for any cancellation made prior to 25 days of departure date.

6. A charge of 25% will be applied for any cancellation made prior to 20 days of departure date.

7. A charge of 50% will be applied for any cancellation made prior to 10 days of departure date.

8. No refund for any cancellation made thereafter.

9. Verbal cancellation will not be entertained.

Note: If you wish to extend your trip to any pilgrimage site such as Muktinath, Janakpur Dham, Damodar Kund, Kagvusundi Lake etc. or you want to go for any short trips such as Pokhara, Chitwan, Dhulikhel, Nagarkot etc, please ask us.

Risk & Liability:- Explore Kailash Treks Pvt. Ltd. will do its best to make the tour with safe and smooth. As all the tour programs are conducted strictly under the rules and regulations of Tibet Tourism Bureau (TTB), Explore Kailash Treks will not be accountable for any changes due to change of official rules and laws of Tibet. Moreover Explore Kailash Treks will also not be liable for any changes in the itinerary due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, cancellation of flight, sickness and accidents. Any extra cost arising due to the above circumstances shall be borne by the clients on the spot.

GROUP JOINING DATES OF KATHMANDU ARRIVAL FOR 2026

KYERONG (OVERLAND)

| Month | Normal arrival dates | Arrival Dates for Reaching Mansarovar on Full Moon Day |
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